# PUCK PREPARATION

WDT – VERTICAL TAPS – HOG TOOL

THE FORCE TAMPER – BLOOMING SHOTS – DECENT ESPRESSO V1.1

STÉPHANE RIBES – JUNE 2020 –

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### PUCK PREPARATION TECHNIQUES COMPARISON MAIN FINDINGS (JUNE 2020)

- With the tested setup and blooming extraction profile, the best and most consistent results were obtained when the 2 below techniques were combined:
  - ✓ Weiss Distribution Technique in the complete height of the puck, with a home-made tool (0.4 mm needles)
  - Gentle vertical taps before tamping
- The use of a Hog tool (95 spikes of 0.8 mm diameter) after WDT + gentle taps, right before tamping, had a
  big impact on the extraction dynamics faster wetting of the coffee puck and higher resistance during
  extraction and on the taste profile of the resulting espresso shots: increased sweetness and fruity acidity
- No distribution in the filter basket has sometimes produced tasty shots and high extraction yield values, but less consistency than the other best preparation methods tested
- The visual uniformity of the extraction did not always correlate with taste results, or extraction yield values
- The worst tasting shots had the weakest extraction yield values, the best ones the highest EY

### PUCK PREPARATION TECHNIQUES COMPARISON 13/06/2020 TESTS



### PUCK PREPARATION TECHNIQUES COMPARISON 23/06/2020 TESTS



# PUCK PREPARATION - 13/06 TESTS (1/4)

#### No distribution before tamping







#### Gentle surface raking with a WDT tool (0.4 mm needles x3)



## PUCK PREPARATION - 13/06 TESTS (2/4)

#### Circular motion of the portafilter







Circular motion + gentle surface raking with a WDT tool (0.4 mm needles x3)



### PUCK PREPARATION - 13/06 TESTS (3/4)

Weiss Distribution Technique (entire puck height) – Home-made tool with three 0.4 mm needles







Weiss Distribution Technique (entire puck height) – Londinium tool



### PUCK PREPARATION - 13/06 TESTS (4/4)

WDT with 0.4 mm needles + Gentle vertical taps (x10)







#### WDT with 0.4 mm needles + Gentle vertical taps + Thin hog tool



### PUCK PREPARATION - 23/06 TESTS (1/2)

#### 18.5 g coffee dose



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#### 19.0 g coffee dose



### PUCK PREPARATION - 23/06 TESTS (2/2)

#### 18.5 g coffee dose



#### 19.0 g coffee dose



#### PUCK PREPARATION TEST PROTOCOL

- Decent Espresso Machine DE1PRO v1.1 with a (red) Cafelat 8.0 mm silicone gasket
- IMS SI 200 IM shower screen
- Mahlkönig EK43 S grinder SSP burrs "High Uniformity" with Silver Knight coating
- Montille water (Le Mont Dore, France) adjusted to 40 ppm eq. CaCO<sub>3</sub> alkalinity and 90 ppm eq. CaCO<sub>3</sub> total hardness, with sodium carbonate and Epsom salts
- Portafilter pre-heating: 80°C in a kettle
- Complete drying of the basket and shower screen before each shot, with a clean tissue
- Single dosing of the beans, ground frozen in a double walled stainless steel cup
- Same grind setting for all shots (EK1.7)
- VST 22g (ridgeless) filter basket
- 18.5 g dose (unless otherwise mentioned) and target brew ratio of 1:2.2
- The Force Tamper with a 58.5 mm smooth flat base Standard spring compression: 24 lbs
- TDS measurements: Atago PAL zeroed with adjusted Montille water no filtering of the coffee samples all samples measured at room temperature after vigorous stirring
   1 data point = average of 3 to 5 measurements of each coffee sample



### 20 SEC BLOOMING AND SLOW RAMP (15 SEC) 2.2 ML/S EXTRACTION



- Slightly adapted blooming profile
- The initial step "lock portafilter!" is optional: it prevents exposure of the coffee puck to the hot machine environment during the final warmup of the brew water



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